

## BIODIDENTICAL HORMONE REPLACEMENT THERAPY

<b>HORMONES</b> AVAILABLE IN: Capsules, Troches, and Topical Creams	<b>COMMON DOSAGES</b>	<b>30 DAY SUPPLY</b>	<b>90 DAY SUPPLY</b>
Estradiol (E2)	0.125mg – 2 mg Once daily or in divided doses	\$35	\$85
Estriol (E3)	1 mg – 4 mg Once daily or in divided doses	\$35	\$85
Biestrogen (Bi-Est) 20% E2/80% E3	1.25mg – 5 mg Once daily or in divided doses	\$40	\$100
Triestrogen (Tri-Est) 10% E1/10% E2/80% E3	1.25mg – 2.5 mg Once daily or in divided doses	\$45	\$110
Progesterone IR (Immediate Release)	12.5mg – 200mg Daily, HS, or in divided doses	\$40	\$75-\$100
Progesterone SR (Sustained Release Capsule)	12.5mg – 200mg Daily, HS, or in divided doses	\$30	\$75
Progesterone Cream	50 – 200mg/ML Daily, HS, or in divided doses	\$45-\$55	\$110-\$135
Estradiol (E2) with Progesterone	0.125mg – 2 mg/ 12.5mg – 200mg	\$65-\$75	\$150-\$180
Estriol (E3) with Progesterone	0.125mg – 2 mg/ 12.5mg – 200mg	\$65-\$75	\$150-\$180
Bi-Est with Progesterone	1.25mg – 5 mg 12.5mg – 200mg	\$65-\$75	\$150-\$180
Tri-Est with Progesterone	1.25mg – 2.5 mg 12.5mg – 200mg	\$75	\$180
DHEA (Cream, Capsule, SR, Troche, Supp)	0.1mg – 100mg Once daily or in divided doses	\$35-\$65	\$80-\$160
Testosterone (Female)	1mg – 5mg Once daily or in divided doses	\$35-\$55	\$75-\$120 **Doc must write for 90 days**
Testosterone (Male)	50mg – 200mg/mL Once daily or in divided doses	\$60-\$85	\$150-\$210 **Doc must write for 90 days**
<b>VAGINAL HORMONES</b> (Creams, Gels, Suppositories)	<b>COMMON DOSAGES</b>	<b>30 DAY SUPPLY</b>	<b>90 DAY SUPPLY</b>
Estradiol (E2)	0.005 – 0.01% ½ to 1 gram 2-3 times weekly	\$45	\$105
Estriol (E3)	0.05% – 0.2% ½ to 1 gram 2-3 times weekly	\$45	\$100
Progesterone	20mg – 100mg Once daily or in divided doses	\$65	\$100
Testosterone	0.05% – 0.2 % ½ to 1 gram 2-3 times weekly	\$45	\$100

**Every person is different, and every compound can be customized to your needs!**

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**COMMON COMPOUNDS**

MEDICATION	COMMON DOSAGES	PRICING
<b>Low Dose Naltrexone</b> Capsules (LDN)	0.5mg – 4.5mg Once daily or HS	\$30=30 caps \$75=90 caps
<b>Low Dose Naltrexone</b> Suspension (LDN)	0.5mg – 5mg/ML Once daily or HS	\$30+ *Starting at 30 mL
<b>Methylene Blue</b> SR Caps/Troches/suspension	2.5mg – 50mg Once daily in AM	Starting at \$50
<b>Tetracaine 0.5%</b> Lollipops	Suck on lollipop for 10-15 seconds every 2 to 3 hours prn pain	\$10/ Lollipop
<b>Promethazine</b> Topical Cream	12.5mg/0.1mL Apply 0.1mL (12.5mg) to 0.4mL (50mg) to wrist every 4 to 6 hours prn n/v	\$10/1 mL Syringe **each syringe has 10 doses of 12.5mg
<b>Ondansetron</b> Topical Cream	4mg/0.1mL Apply 0.1mL (4 mg) to 0.2mL (8 mg) to wrist every 4 to 6 hours prn n/v	\$20/1 mL **each syringe has 10 doses of 4mg or 5 doses of 8 mg**
<b>Magic Mouth Wash</b> (Lidocaine/Diphenhydramine/Maalox +/- Kenalog OR Dexamethasone)	Swish/gargle 5 mL and swallow/spit out every 4 to 6 hours prn pain	Starts at \$20 **Price dependent on dosage and quantity
<b>B Otic Drops</b> (Benzocaine 5%)	Instill 3 to 4 drops in affected ear every 2 to 4 hours prn pain	\$15 (10mL Bottle)
<b>Clonidine Suspension</b> (Flavor of choice)	0.1mg/1mL	Starts at \$35 **Price dependent on dosage and quantity
<b>Omeprazole Suspension</b> (Grape)	2mg/mL (Refrigerate)	Starts at \$35 **Price dependent on dosage and quantity
<b>Nail Fungus Treatment</b> Ibuprofen2%/Itraconazole2%	Apply to unpolished filed nail twice a day until new nail grows	\$55 (10mL Bottle)
<b>Apoth-Xema Cream</b> Naltrexone/Ketotifen/Aloe Vera/Vit B-12 in XemaTop	Apply ½ to 1 gram once daily in the morning	\$50=30 gm
<b>Rosacea Gel</b> Azelaic Acid 15%/Ivermectin1% /Metronidazole1%	Apply ½ to 1 gram to affected area once daily at bedtime	\$55=30gm \$130=100 gm
<b>Melasma Gel</b> Fluocinolone Acetonide0.015%/ Hydroquinone 4-8%/Tretinoin 0.04%	Apply ½ to 1 gram to affected area once daily at bedtime	\$75-\$90 = 30 gm
<b>Topical Pain Creams</b> -Ketoprofen 5mg to 20 mg -Baclofen 1% to 2% -Clonidine 0.2% -Ketamine 2% to 10% -Benzocaine 2% to 5% -Amtriptyline 2% -Cyclobenzaprine 2% - 5% -Lidocaine USP 2- 4% -Diclofenac Sodium 1%-3% -Gabapentin 6%	Apply topically to affected area(s) BID to TID for pain	Starts at \$75 **Price dependent on dosage, medications, and quantity
<b>Custom Dermatology Compounds</b>		*Starting at \$45/month
-Azelaic Acid 15% -Oxymetazoline 6% -Hydroquinone 4-8% -Cimetidine 10% -Montelukast 1% -Naltrexone 0.5% -Mupirocin 0.15%	-Tretinoin 0.025% to 0.1% -Zinc Pyrithione 0.2% -Spironolactone 5% -Ketotifen 0.05% -Imiquimod 5% -Fluorouracil 5% -Benzoyl Peroxide 1%-10%	-Clindamycin 1% -Niacinamide 4% -Biotin 0.1% -Tranilast 1% -Pyridoxine 5% -Ivermectin 1% -Salicylic Acid 5%-15%
-Metformin 5%-30 -Urea 5% -40% -Tacrolimus 0.1% -Erythromycin 2% -Vitamin A & E -Aloe Vera 0.5%	-Metronidazole 1%-4% -Sodium Hyaluronate 0.1% -Betamethasone 0.008% -Fluocinolone Acetate 0.01-0.015% -Hydrocortisone 0.5% -Triamcinolone 0.025%-0.1%	

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## PEDIATRICS

MEDICATION	COMMON DOSAGES	PRICING
<b>Acetaminophen 200mg/mL</b> Topical Cream	0.3 mL (60mg) to 1 mL (200 mg) topically to upper back every 4 to 6 hours prn  <b>Weight based dosing 15mg/kg/dose.</b>	\$20 to \$35=20 Doses **Individually dispensed & labeled doses based on weight**
<b>Ibuprofen 200mg/mL</b> Topical Cream	Infants ≥3 months of age weighing ≥5 kg, (off label in infants <6 months of age) <b>5 to 10 mg/kg/dose</b> every 6 to 8 hours	\$20 to \$30=20 Doses **Individually dispensed & labeled doses based on weight**
<b>Atomoxetine</b> Suspension	<b>4mg/1mL</b> Once daily in AM Dosing from 10mg up to 100mg/day	Starting at \$35
<b>Tetracaine 0.5%</b> Lollipops	Suck on lollipop for 10-15 seconds every 2 to 3 hours prn pain	\$10/ Lollipop
<b>Promethazine</b> Topical Cream	<b>12.5mg/0.1mL</b> Apply 0.05mL (6.25mg) to 0.2mL (25mg) to wrist every 4 to 6 hours prn n/v **Children ≥2 years of age <b>0.25 to 0.5 mg/kg/dose</b> every 4 to 6 hours as needed; doses up to 1.1 mg/kg/dose may be necessary in some patients; do not exceed usual doses of 6.25 to 25 mg/dose	\$10/1 mL Syringe **each syringe has 10 doses of 12.5mg
<b>Ondansetron</b> Topical Cream	<b>4mg/0.1mL</b> Apply 0.05mL (2 mg) to 0.1mL (4 mg) to wrist every 4 to 6 hours prn n/v **OFF LABEL: Children ≥ 3 months of age <b>0.2mg/kg/dose</b> every 6 to 8 hours as needed	\$20/1 mL **each syringe has 10 doses of 4mg or 20 doses of 2 mg**
<b>Cholestyramine</b> Ointment	Apply to diaper rash after each diaper change as directed	\$35 = 120 gram pump
<b>Magic Mouth Wash</b> (Lidocaine/Diphenhydramine/Maalox +/- Kenalog OR Dexamethasone)	Swish/gargle 5 mL and swallow/spit out every 4 to 6 hours prn pain	Starts at \$20 **Price dependent on dosage and quantity
<b>B Otic Drops</b> (Benzocaine 5%)	Instill 3 to 4 drops in affected ear every 2 to 4 hours prn pain	\$15 (10mL Bottle)
<b>Clonidine Suspension</b> (Flavor of choice)	<b>0.1mg/1mL</b>	Starts at \$35 **Price dependent on dosage and quantity
<b>Omeprazole Suspension</b> (Grape)	<b>2mg/mL</b> (Refrigerate)	Starts at \$35 **Price dependent on dosage and quantity
<b>Guanfacine Suspension</b>	<b>1mg/mL or 2mg/mL</b>	Starts at \$35 **Price dependent on dosage and quantity
<b>Nail Fungus Treatment</b> Ibuprofen2%/Itraconazole2%	Apply to unpolished filed nail twice a day until new nail grows	\$55 (10mL Bottle) *Will last 3 to 6 months*
<b>Dexamethasone</b> (Cotton candy concentrate)	<b>4mg/mL</b> 0.02 to 0.2 mg/kg/day in divided doses every 12 hours initially; dose depends upon condition being treated/response of patient; max use of 2 to 3 days	\$10 to \$15

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Dye free flavored options available for any compound (cherry, bubblegum, & strawberry)**

**Women & Men's Health**

MEDICATION	COMMON DOSAGES	PRICING
<b>Apoth Scream Cream</b> (Sildenafil 1%/ Arginine HCl 6%/ Nifedipine 0.2%/ Tadalafil 3%/ Naltrexone 0.5%/ Menthol 0.05%/ Oxytocin 50 IU)	After wetting, apply 2 (0.3g) to 4 (0.6g) pumps to clitoral area 30-45 min prior to sexual activity	\$45 = 10 grams
<b>Apothytoxin Potion</b> Nasal Spray/SL Spray Oxytocin 20 units/0.1mL spray	20 units – 100 units Instill 1 spray in one nostril/SL up to BID. May also use 1-5 sprays in nostril/SL 30-45 min prior to sexual activity	\$60 = 6 mL (60 Sprays) \$120 = 12 mL (120 sprays)
<b>Boric Acid Vaginal Suppositories</b>	600 mg Dosing varies based on condition	\$40 = 30 suppositories **can get any quantity**
<b>Nipple Ointment</b> (Betamethasone 0.025%/ Clotrimazole 2%/ Mupirocin 1% in Lanolin)	Apply to nipple after each feeding and wipe off prior to breast feeding	\$30 = 30 grams
<b>Apoth Tada Caps</b> (Tadalafil/L-Arginine/Caffeine)	6 mg Take 1 to 4 caps by mouth daily or prn as directed	\$65 = 90 caps
<b>Sildenafil Tablets</b>	25mg to 100 mg	\$25=30 days \$60=90 days
<b>Tadalafil Tablets</b>	5mg to 20 mg	\$25=90 days (5 mg) \$25=30 tabs (20 mg)
<b>ApothED Troche</b> (Tadalafil 20 mg/Sildenafil 100mg)	Dissolve 1 troche in cheek 30-45 min prior to need	\$6/Troche
<b>Rectal Rockets</b> (Lidocaine2%/Hydrocortisone1%)	Insert 1 suppository rectally at bedtime for 2 to 4 nights for internal and external hemorrhoids	\$8 Each
<b>Ketamine Troches</b>	25mg to 100 mg Directions vary based on treatment	Starting at \$40
<b>Apoth Anti-Aging Cream</b> (Estriol 0.3%/Hyaluronic Acid/ Vitamin A/C/E/Biopeptide Base)	Apply 1 pump topically to face/neck up to BID	\$75 (1 to 2 month supply)
<b>Tirzepatide SQ injection</b>	2.5mg/5mg/7.5mg/10mg/12.5mg/15mg Inject under the skin once weekly	\$250 to \$400 = 28 days
<b>Semaglutide SQ injection</b>	0.25mg/0.5mg/0.75mg/1mg/1.5mg/2mg/2.5mg Inject under the skin once weekly	\$100 to \$250 = 28 days
<b>Clomiphene Citrate Capsules</b>	26mg & 51 mg Daily for Men's Testosterone or as directed	\$22.50 to \$30 = 30 days

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**\*\*\*THIS IS NOT AN EXCLUSIVE LIST OF WHAT WE OFFER! PLEASE DON'T HESITATE TO CONTACT US FOR ANY PATIENT SPECIFIC NEEDS. WE ARE HAPPY TO HELP!\*\*\***